

Cybex MG500 Multi-Gym

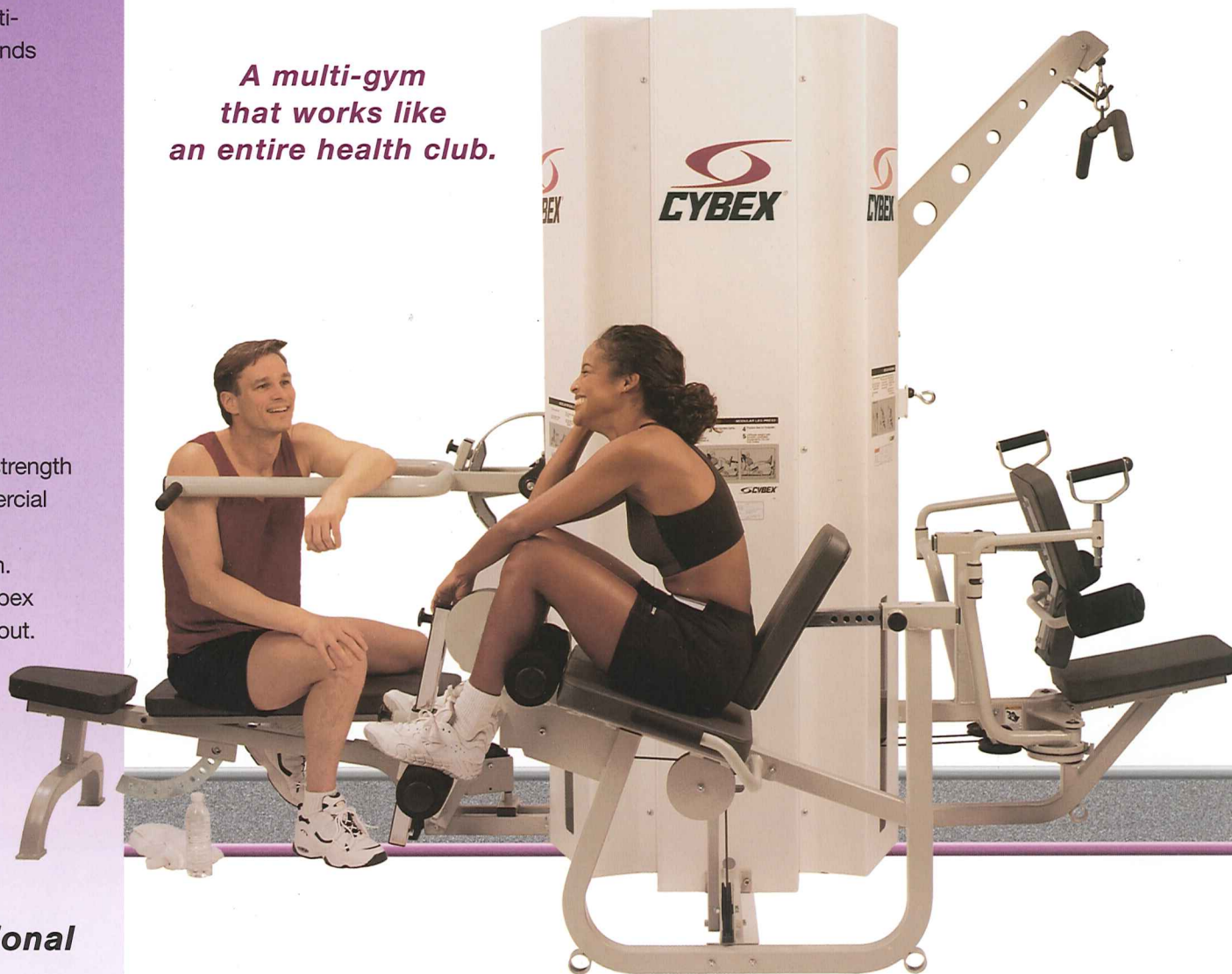
The Cybex MG500 is a versatile, space-efficient multi-gym that offers users of all levels a complete, comfortable workout. Perfect for hotels, multi-housing complexes or any facility that demands compact, high-value fitness equipment, the MG500 offers:

- Unsurpassed ease of use
- Exceptional smoothness
- Outstanding safety features
- Rugged construction

Cybex International is a leading supplier of strength and cardiovascular equipment to the commercial health club market, known for its durability, reliability and biomechanically correct design. Your guests and members recognize the Cybex name and trust it to provide a superior workout.

CYBEX International
Defining Fitness

*A multi-gym
that works like
an entire health club.*



The MG500 offers outstanding value, with more than 30 biomechanically correct exercises in one sleek, compact package.

Hip Abduction/Adduction

Hip Flexion

Hip Extension

Leg Curl

Standing Calf Raise

Seated Row

Lat Pulldown

Standing Shrugs

Decline Bench Press

Bench Press

Incline Bench Press

Military Press

Chest Press

Chest Fly

Seated Front Deltoid Raise

Middle Deltoid Raise

Rear Deltoid Raise

Tricep Press Down

Overhead Tricep Extension

Standing Arm Curl

Hammer Curl

Wrist Curl

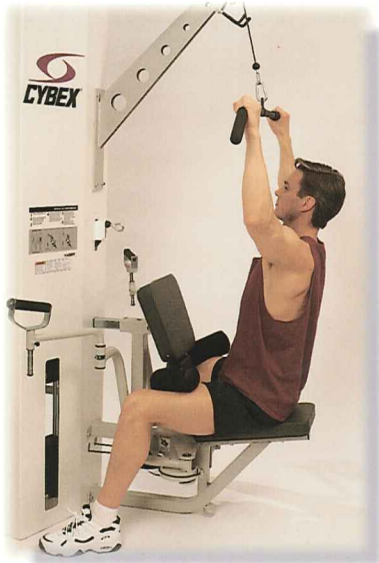
Abdominal Crunch



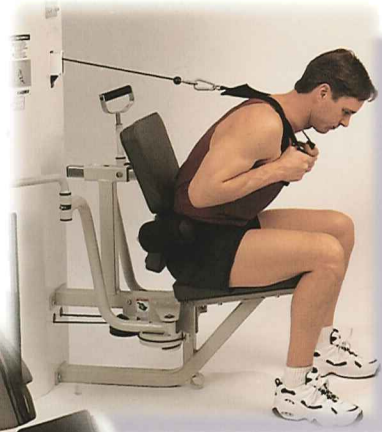
▲ Fully enclosed weight stacks for added safety.



▲ User defined motion ensures maximum exercise effectiveness.



◀ **Lat pulldown and Tricep Press encourages "pull to the front" motion for proper biomechanics and safety.**



◀ **Angled back pad lets users begin abdominal crunch from a position of slight extension, for better results.**



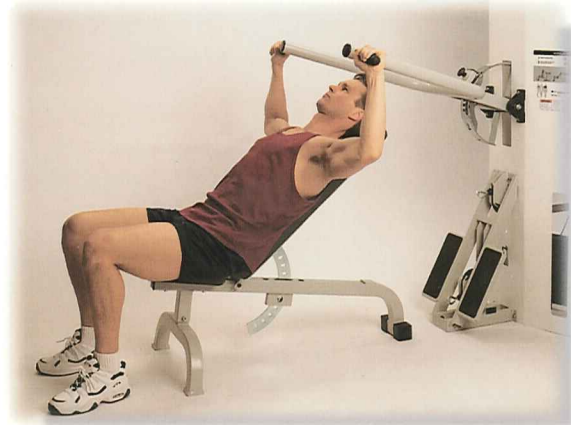
◀ **Unique leg press motion allows movement through full range of motion.**



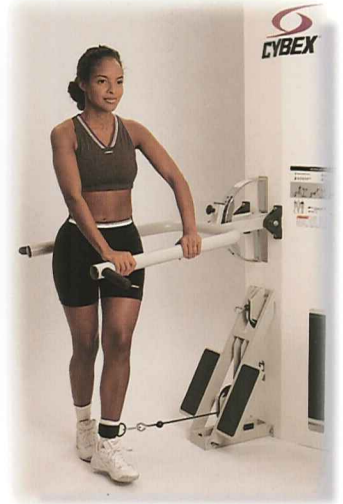
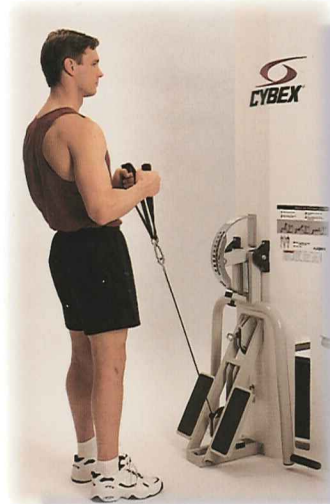
▲ **Leg extension and seated leg curl provides easy access and adjustment.**



▲ **Shoulder and pressing stations adjust for multiple workout positions.**



▲ **Mid-pulley seated row with integral footplates improves stability and comfort.**

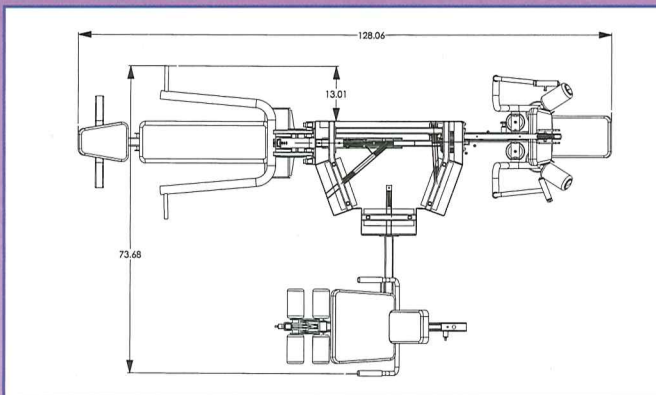


▲ **Low swivel pulley accommodates numerous exercises for shoulders, legs, biceps and triceps.**

Cyber MG500 Multi-Gym

Product Number: 8601, 8602 (with optional Leg press)

Overall Dimensions: 128" X 74" X 83" (stored)
325cm X 188cm X 211cm



Weight Stacks: Three weight stacks: 230lbs / 105kg cold rolled, solid steel

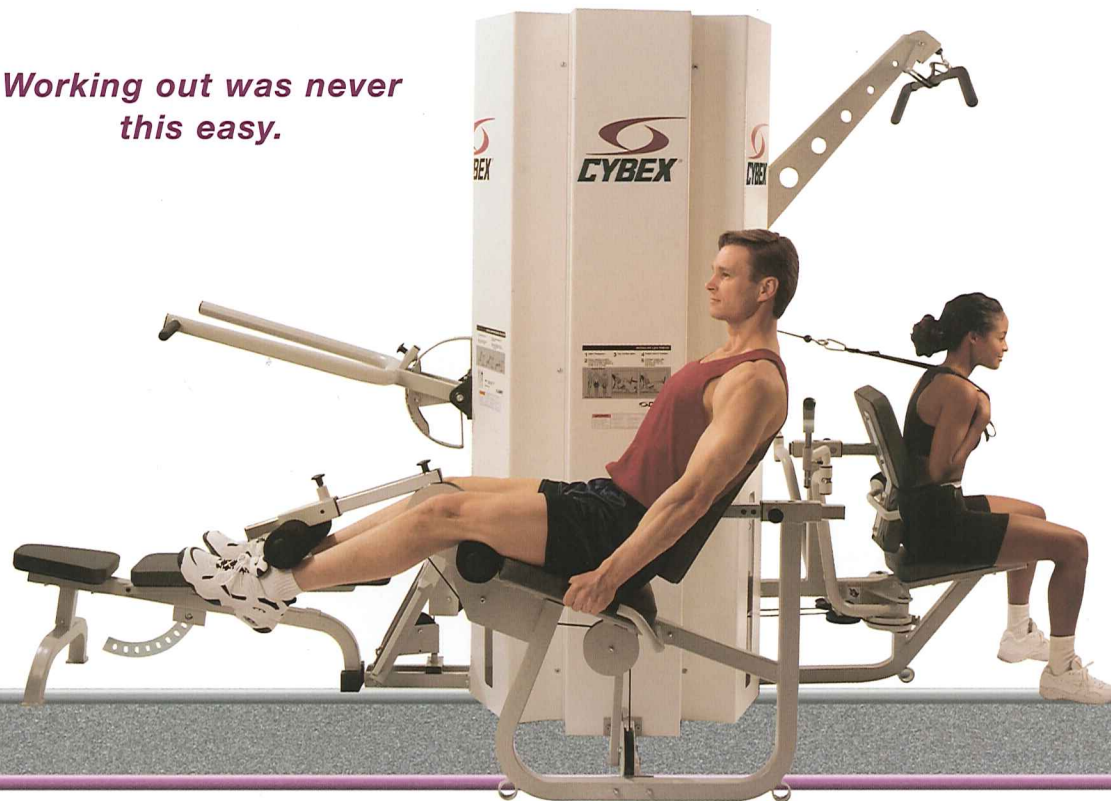
Pressing Station: 25lbs / 11kg starting resistance
Nine range adjustments

Detachable Bench: 10 positions, 10° increments

Standard Accessories: Lat pulldown handle, 18.5" Seated Row Handle, Ankle Strap, Abdominal Crunch Handle, Curl Bar with Rotating Center, Weight Shrouds

Color/Upholstery: Light Gray attachments and any standard Cybex frame and upholstery colors

*Working out was never
this easy.*



CYBEX[®] International
Defining Fitness

For additional information about any of our equipment lines,
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